



# CANADA'S BIG BIRTHDAY BASH

Town  
Of  
CUPAR

July 2017

HAPPY CANADA DAY!!

JULY 2017

## Canada 150 Celebrations

By Town of Cupar

The Town of Cupar will be hosting a celebration for Canada's 150<sup>th</sup> on Saturday July, 1<sup>st</sup> 2017. Come on out and enjoy all the festivities that have been planned around town. There is something for everyone to enjoy!

We would also like to give a big thumbs up to all the volunteers who have given their time and energy to help out with this celebration.

The Town of Cupar Staff, Mayor and Council would like to wish everyone a safe and happy July long weekend!

A guy tried selling me Canada.  
I was having Nunavut.

Cupar Town office will be **CLOSED** Monday July 3<sup>rd</sup>, 2017 for Canada Day long weekend!



- 9:30am Start      **Slo-Pitch Tournament** with canteen  
Contact Mike Pearce at 306-718-7117  
All Proceeds to go to putting a new roof on  
Cupar Pool and repairs to the ball diamond facilities
- 12:30pm- 4:00pm      **Car Show**  
Located on Main Street, entrance fee, by donation  
To register contact Neil Schulhauser  
306-723-4920  
Burgers and Hot Dogs available. Proceeds to go to Cupar Pool
- 1:00pm-8:30pm      **Cupar Swimming Pool**  
Free swim from 1:00pm-8:30pm
- 2:00pm-2:00am      **Beer Gardens**  
Located at the fairgrounds  
All proceeds to go to Cupar Fire Department
- 2:00-4:00pm      **Strawberry Social**  
Cost \$5.00, Music by Blue Country from Fort Qu'Appelle  
Located at Cupar Museum  
Contact Wes Bailey 306-723-4253
- 6:00-10:00pm      **Hot Dog & Hamburger Sale**  
Located at the canteen at the fairgrounds
- DUSK      **Drive in Movie**  
American Graffiti will be played at Cupar  
School grounds at dusk. Contact Neil  
Schulhauser at 306-723-4920  
Admission \$10.00 per vehicle, all proceeds  
to go to Cupar Pool
- 8:00pm-2:00am      **Cabaret**  
Vern Michaels Band plays from  
9:00pm- 1:00am.  
Ticket prices: Advance \$20.00, at door  
\$25.00

# MUSEUM NEWS

BY ELAINE PAIN

The Cupar and District Heritage Museum has donated 5 indigenous /metis books to the permanent collection of the Cupar Library. The museum is only open seasonally and so we felt the community would have better access if the books were held at the local library.

The books are:

Honouring the Buffalo A Plains Cree Legend. for children in English and Cree. By Judith Silverthorne.

Mixed Blessings: Indigenous Encounters with Christianity In Canada. By Tolly Bradford.

Firewater: How Alcohol is Killing My People (and Yours). By Harold Johnson.

The Education of Augie Merasty: A Residential School Memoir. By Joseph Auguste (Augie) Merasty with David Carpenter.



# CUPAR PUBLIC LIBRARY

**BY DIANE DENNIS**

Parents! Kids! The Summer Reading Program has started for those aged 3-16 years. Register at the library and take out books to read and to keep track in a logbook. Bring the logbook back between Aug 18-Sept 1 to receive a \$5 gift certificate for High Plains Grill Restaurant.

Want to travel the world without leaving Cupar? In the fall, Silvia Virgilio – a new Cupar resident – will present 3 cultural presentations at our library:

Fri Sept 29 – Argentina; Fri Oct 27 – Australia; Fri Nov 24 – New Zealand. These presentations start at 7 pm, and there is no admission fee. Silvia is planning to cook up the cultural food of the country! Be sure to mark your calendar.

Parents of newborns are welcome to come to the library and register for a free baby book gift. Thank you to our board members for decorating the parade float, and to some of our expert flower planters – Monna Kish and Vera Rakai – for the flower planters at the front. We purchased some benches for the front that we hope to put out for our community.

Our library's open hours are Wed + Fri 10:30-5 pm. Our contact information is 306-723-4749; email: [cupar@parkland.lib.sk.ca](mailto:cupar@parkland.lib.sk.ca)

# ST. PAUL LUTHERAN CHURCH

**BY DIANE DENNIS**

Camp Lutherland at Pasqua Lake offers a beautiful, fun, and spiritually educating/uplifting camp experience. There is a Kids' Camp the week of July 9; and there is a Youth Camp the week of July 16. Call the church for more details or visit the Camp Lutherland website.

Our sister congregation at Emmanuel, Southey is having her Beef Pit BBQ on July 7 from 5-7 pm, at the Rink. There is also Vacation Bible School during the last week of July at Southey.

Our July worship schedule is that the 1st, 3rd, 5th Sundays are at 9 am; 2nd and 4th Sundays are at 11 am with Holy Communion. For any office inquiries, call 306-723-4899.

# CUPAR POOL

Cupar Pool will be opening Saturday, July 1<sup>st</sup> @ 1:00pm-8:30pm with no admission charge for Canada day!

With the opening day soon approaching soon this is a list of the age requirements for safe fun at the pool!

**THE FOLLOWING WILL BE THE AGE REQUIREMENT FOR ADMISSION TO THIS FACILITY.**

**PATRONS AGE 7 AND UNDER AND THOSE UNDER THE MINIMUM HEIGHT REQUIREMENT OF 4 FEET**

**MUST BE ACCOMPANIED BY A PARENT/GUARDIAN IN THE POOL.**

**PATRONS AGE 8 WITH THE MINIMUM HEIGHT OF 4 FEET**

**MUST HAVE PARENT/GUARDIAN PRESENT ON POOL DECK OR SITTING AT BENCHES LOCATED OUTSIDE THE FENCE.**

**PATRONS MUST BE 9 YEARS OF AGE AND SWIM THEIR LAPS TO BE ALLOWED IN THE DEEP END OF POOL.**

**PLEASE NOTE THAT A GUARDIAN MUST BE 16 YEARS OF AGE OR OLDER**

## WELCOME TO THE 2017 POOL SEASON

### CUPAR CENTENNIAL POOL

**OPENING Saturday, July 1<sup>st</sup> @ 1:00PM**

**PUBLIC SWIM SCHEDULE:**

**Swim Lessons – July 3<sup>rd</sup>-7<sup>th</sup> & July 24<sup>th</sup>-28<sup>th</sup>  
Aug 14<sup>th</sup>-18<sup>th</sup> & Aug 21<sup>st</sup>-25<sup>th</sup>**

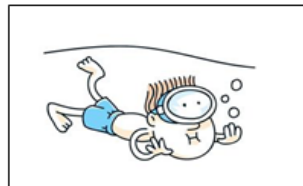
July 1<sup>st</sup> to August 28<sup>th</sup>

**Hours**

**1:00pm-8:30pm on weeks with no lessons**

**3:00pm – 8:30pm on weeks with lessons**

**Closed every day 6:00-6:30 pm – Supper Breaks**



The Town of Cupar has planned for 4 – 1 week long sessions and we are currently taking registrations. Payment in full **must** accompany registration to ensure your spot is secured. We accept Cash and Cheque only. This is a first come first served basis. Registrations are accepted at the Town office **only**.

Please contact Cupar Town Office (306) 723-4324 or in person if you have any questions.

**CRASH WEEK SESSION SCHEDULE**

Level	Duration	Time
10	1 hr	8:30-9:30
9	1 hr	8:30-9:30
8	1 hr	8:30-9:30
7	1 hr	8:30-9:30
6	1 hr	9:30-10:30
5	1 hr	9:30-10:30
4	1 hr	10:30-11:30
3	1 hr	10:30-11:30
2	1hr	11:30-12:30
1	1 hr	11:30-12:30
Sunfish/ Crocodile/Whale	45 min	1:00-1:45
Parent Optional –Sea Otter/ Salamander	45 min	1:45-2:30
Parented – Starfish/Duck/SeaTurtle	30 min	2:30-3:00



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The Town of Cupar is excited to announce that we will be hosting Bronze Medallion/Bronze Cross Crash Course as well as a NLS course!

**Bronze Medallion/Cross Cash Course will be offered on**

Thursday, July 27<sup>th</sup> and Friday, 28<sup>th</sup> 9:00am-6:00pm.

\$225.00 for bronze crash course.

Pre-Requisite:

Must be 13 or have completed Bronze Star and standard first aide.

Only 12 spots available.

Please register at Cupar Town Office. We accept cash or cheque.



**NLS Course will be offered on**

Saturday July, 29<sup>th</sup> (skills day), Friday September 8<sup>th</sup> and Saturday September 9<sup>th</sup>.

\$275.00 for NLS course.

Pre-Requisite:

Must be 16 years of age and completed Bronze Cross.

Only 12 spots available.



Town of Cupar  
 Box 397 Cupar, SK. S0G 0Y0  
 Phone: 306-723-4324 Fax: 306-723-4644  
[E-mail-townofcupar1@sasktel.net](mailto:E-mail-townofcupar1@sasktel.net)

**The Town of Cupar is excited to announce that we are offering lifeguarding courses at our pool!**

Registration is on a first come first served basis.

Registrations are accepted at the Town Office **ONLY!**

Payment in **FULL** must accompany registration to ensure your spot is secured.

**We accept cash and cheque only.**



Course	Dates	Fee	Pre-Requisite
Bronze Medallion/Cross Crash Course	July 27 <sup>th</sup> and 28 <sup>th</sup> 9:00am-6:00pm	\$225.00	Must be 13 or have completed Bronze Star and standard first aid.
NLS	July 29 <sup>th</sup> (skills day) September 8 <sup>th</sup> & 9 <sup>th</sup> 8:00am-5:00pm	\$275.00	Must be 16 years of age and completed Bronze Medallion & Cross And have standard first aid.]

REGISTRATION:

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ BIRTHDAY (dd/mm/yy) \_\_\_\_\_

AGE \_\_\_\_\_

COURSE \_\_\_\_\_

GAURDIAN'S NAME \_\_\_\_\_

**\*\*All proof of pre-requisites needed are required on the first day of the courses to show to instructor**

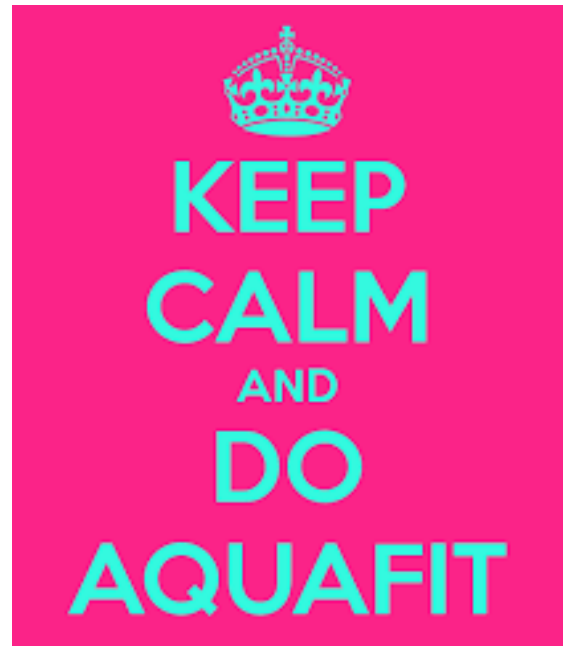


Please be advised that some lessons are full; please get registrations in ASAP to guarantee a spot!

(TO TOWN OFFICE ONLY)

Payment required at time of registration by cash or cheque.

Thanks!



## NOW ACCEPTING REGISTRATIONS FOR...

### AQUAFIT!

We are now accepting registrations for AQUAFIT! We will be offering classes starting the last week of July and the Month of August on Monday, Wednesdays and Fridays 8:30pm-9:30pm.

First Day of class July 24<sup>th</sup>! Please contact Cupar Town Office to register.

July Dates:

24, 26, 28, & 31

August Dates:

2, 4, 7, 9, 11, 12, 16, 18, 21, 23, 25, 28 & 30

September Dates:

1

\$60.00 for season or \$7.00 drop in fee

Town of Cupar  
 Box 397 Cupar, SK. S0G 0Y0  
 Phone: 306-723-4324 Fax: 306-723-4644  
[E-mail-townofcupar1@sasktel.net](mailto:E-mail-townofcupar1@sasktel.net)

### CUPAR SWIMMING POOL 2017 Season

The Town of Cupar is now taking names for registration for the up-coming swimming season. Please feel free to contact the office by mail, fax, email, or in person. Cupar Pool will be opening on July 1<sup>st</sup>, 2017 until August 27<sup>th</sup>, 2017. Registration is on a first come first served basis. Registrations are accepted at the Town Office **ONLY!** Payment in **FULL** must accompany registration to ensure your spot is secured. **We accept cash and cheque only.**



Single	BOOKLET OF TICKETS(10)	SEASON PASS	FEES	WITHOUT SEASON PASS	WITH SEASON PASS
Child (10 & under) \$4.00	Child (10 & under) \$36.00	Single Pass \$120.00	Starfish to Level 4	\$65.00	\$50.00
Adult (11 & over) \$6.00	Adult (11 & over) \$54.00	Family Pass (Immediate) \$300.00	Levels 5 & up	\$75.00	\$60.00

LEVEL	TIME
Starfish/Duck/Sea Turtle (Must have adult assistance)	July 3 <sup>rd</sup> - 7 <sup>th</sup> July 24 <sup>th</sup> - 28 <sup>th</sup> August 14 <sup>th</sup> - 18 <sup>th</sup> August 21 <sup>st</sup> -25 <sup>th</sup>
Sunfish/Salamander/Whale/Crocodile/ Sea Otter (Optional adult assistance)	
Level 1 & 2	
Level 3 & 4	
Level 5 & 6	
Level 7, 8, 9, & 10	

#### REGISTRATION FORM

NAME _____	ADDRESS _____
PHONE _____	AGE _____
LAST LEVEL PASSED _____	YEAR _____ LOCATION _____
GOING INTO LEVEL _____	
GAURDIAN'S NAME _____	
SESSION 1 <sup>ST</sup> CHOICE _____	2 <sup>ND</sup> CHOICE _____

# CUPAR NEWS

## TOWN MEETINGS

### Cupar Town Council

Wednesday June 28<sup>th</sup>, 2017 @7:00pm  
(rescheduled from June 20, 2017)

Tuesday July 25<sup>th</sup>, 2017 @ 7:00pm

### Cupar Fire Department

Tuesday July 11<sup>th</sup> @ 7:30 pm

## CUPAR TRANSFER SITE NOW OPEN!

Every Saturday beginning May 20, 2017

Open 10:00am-2:00pm (weather permitting)

Rates charges for the transfer site for metals, appliances or furniture:

Maximum up to one half ton truck load  
\$20.00

\$10.00 for each white (appliances) or piece of furniture

Town of Cupar Bylaw 1-2013

**Cash Payment required onsite**

Town  
Of  
CUPAR

**Cupar Town Office Hours**  
Monday to Friday 8:30-4:30  
Closed from 12pm-1pm.

## Cupar Truck Fill Now OPEN!

\$4.00 per 100 gallons

LOONIES ONLY

## Cupar Transfer site **CLOSED**

July 1<sup>st</sup>, 2017, but will be open Monday July 3, 2017 instead. 10:00am-2:00pm.

Sorry for any inconvenience this may cause.

What do Canadians get on their tests?  
Eh's

## Wheatland Agencies LTD.

40<sup>th</sup> anniversary celebration, Customer Appreciation Lunch!

July 7<sup>th</sup>, 2017 @ 12:00pm at our building on Stanley street (or out of the Lion's Den in the basement of the Town Hall if weather does not cooperate)

## .House Numbers

It has been brought to our attention that not every house in Cupar has numbers displayed.

As per Bylaw 15-2010 –“A Bylaw to Provide for the Numbering of Houses and Other Buildings”. This is to ensure all emergency vehicles and services can locate you in an emergency.

116 Stanley Street  
Cupar, SK S0G0Y0  
306.723.4324



Do you have Facebook? Be sure to follow the page "**Cupar Events & News**" to stay updated on what is happening in our community. Please also feel free to post about any upcoming events in this page!

Cupar Plus 50 Club will be closed for July and August. Will reopen in September

Utility bills are due at the end of each billing month they are issued. Meters are read every 2 months so it is easier to pay for any overages that may occur. Please return water meter reading tags to the town office in person or in the drop box outside the office.

We accept cash and cheque at the office and online payments with your bank.



Parking on the streets is only allowed for 24 hour periods and then the vehicle has to be moved.

Complaints have been received for camper trailers and vehicles that have been parked for an excessive amount of time. To ensure you do not receive fines, please move your vehicles to a proper location to be stored when not in use.

We do have areas that are deemed **NO PARKING ZONES** and we further ask you to adhere to these laws

The Town of Cupar would like to send a thank-you to Scott Macknak of SMS construction in Dysart for the usage of some of his equipment to help our maintenance staff move the new Pool Shed!



Cupar Volunteer Fire Department is looking for more volunteers. If you are interested in joining please attend the next meeting on Tuesday July 11<sup>th</sup>, 2017 located at the new fire hall (Beside the town shop).

**Biodegradable bags now available at the town office**

**2 bags for \$1.00!**

Please be advised that we do require all grass clippings and yard clean up in biodegradable bags for our maintenance staff to pick up.

Please feel free to remove bands off of the tree in front of your homes. Watch out for the grease that is in these bands as it will stain clothing. These bands can be discarded in your grey bin for collection of garbage day.

Thank-you.

Help beautify our community!!

Volunteers are wanted for Stanley Street Park maintenance.

As a Town we need to find ways to help out and keep our community clean and pleasing. This is a very busy time of year, so any help is greatly appreciated.

We would like to thank Larry Wagner for volunteering his time to help out at the Legion park this year!

**Public Health Nurse Schedule**

July 4, July 25, August 15, September 5 and September 26

Hours: 9:45am- 11:15am


Please call 1-306-766-7500 option #1 for more information.

**NURSE PRACTITIONER SCHEDULE**

Please call 1-855-766-6399

To schedule appointments

# July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					June 30 CANADA DAY STAT 	1
2	3 NO CLINIC	4 Southey 9:30—3pm	5 NO CLINIC	6 Cupar 9:30—3pm	7 Regina Beach 9:30—3pm	8
9	10 Cupar 9:30—3pm	11 Southey 9:30—3pm	12 NO CLINIC	13 Regina Beach 9:30—3pm	14 NO CLINIC	15
16	17 NO CLINIC	18 Southey 9:30 - 3pm	19 Regina Beach 9:30—3pm	20 NO CLINIC	21 Cupar 9:30 - 3pm	22
23/30	24/31 Cupar 9:30—3pm	25 Southey 9:30—3pm	26 Regina Beach 9:30—3pm	27 Cupar 9:30 - 3pm	28 Southey 9:30—3pm	29



## All Terrain Vehicle Safety

### Introduction:

All terrain vehicles, better known as ATV's, can be three or four wheeled motorized cycles with large, low-pressure tires, designed for a single operator riding in off-road areas. ATV's are a common item included in most rural households used for a variety of chores. ATV's are also viewed as a recreational vehicle used in conjunction with other activities such as hunting, or alone such as trail riding or "mud bogging." ATV's are available in a range of sizes, from 50cc to greater than 700cc engines and can have an automatic or manual transmission.

ATV's are essential to many work sites as work horses or for transportation through difficult terrain. Most employers have strict guidelines as per their operation and employees are required to become familiar with the equipment through an ATV operation course. The ATV's are often used at a job site and not public land.

Recreational ATV operators represent the majority of riders, and have a lesser degree of accountability to safe handling practices as they ultimately decide what safety equipment they will put on or the manner in which they choose to operate the ATV. Recreational ATV operators almost always operate on public land.

Unfortunately ATV's have become the cause of several devastating injuries and deaths to residents of Saskatchewan. These injuries and deaths are not isolated incidents and occur in various geographical locations and involve differing age groups, including seniors and toddlers. All of the injuries and deaths are preventable. There seems to be some confusion regarding ATV use in rural Saskatchewan. The Town of Cupar has many concerned citizens making reports to the Town Office and to the RCMP that describe very young riders operating ATV's through the communities and on the public roadways, including the provincial highways. The operators are often doing so without possessing a valid driver's license or wearing any mandatory safety equipment.

### Objective:

The Southey RCMP is looking for the public's assistance involving ATV use in the town of Cupar and the surrounding R.M. of Cupar. There are many ATV's being operated unlawfully and in a manner that is concerning. The RCMP request that anyone who owns an ATV ensure that the vehicle is secured against unpermitted use and theft. Due to the large volume of complaints received, the Southey RCMP detachment is stepping up their patrols in their jurisdiction to prevent unlawful use of ATV's. There will be zero tolerance exercised by the police and the purpose of this letter is to educate ATV owners to ensure they are both knowledgeable and lawful in the use of their ATV's.

### Did you know:

1. No one under the age of twelve can lawfully operate an ATV on public land, only on their family's land

or if they have permission from the land owner.

2. Youth between the age of 12 - 15 can operate an ATV on public land only if they are under the direct supervision of a person over the age of 16 who's possessed a valid driver's licence for more than one year.
3. A person over the age of 16 may operate an ATV on public land only if they possess a valid driver's licence.
4. Public land means Crown land or land vested in a municipality such as Town of Cupar.
5. No ATV is permitted to be operated on **any road, highway or surface** accessed by registered motor vehicles.
6. It is lawful to operate an ATV on a highway for the purpose of using a bridge or weir if the operator stays as far to the right away from the traveled portion of the road as practicable.
7. Licence must be presented to the Police when requested, so carry your licence with you when operating an ATV.
8. An ATV being used unlawfully may be seized and the owner will have to pay all costs of towing and storage prior to the vehicle being released.
9. ATV's are motorized vehicles and therefore all provincial driving suspensions and criminal prohibitions apply to their use.
10. ATV's cannot be registered to be operated on roads accessed by registered vehicles in Saskatchewan, therefore if found doing so, a fine of \$580.00 would be applicable and the person operating would be arrestable under the Traffic Safety Act.
11. Operating an ATV with a passenger is unlawful unless specifically designed for that purpose, i.e.: side-by-side vehicle, resulting with a fine of \$90.00.
12. Failing to wear a helmet and eye protection carries a fine of \$100.00.
13. Operators failing to produce their licence will receive a fine of \$100.00 or a fine of \$150.00 if they don't have a valid licence at all.
14. Supervising operators that fail to produce a licence will receive a fine of \$100.00
15. Operating an ATV at a speed that is greater than is reasonable and safe in the circumstances or in any case at a speed greater than 80 km/hour will result in a fine of \$150.00.
16. This is only a brief summary outlining some of the common offences observed, for a full review please refer to the Provinces Traffic Safety Act and ATV ACT or contact the Southey RCMP Detachment..

#### Conclusion:

Strict laws are in place to ensure safety, and a lack of knowledge of the law is no excuse. All ATV operators are recommended to brush up on the provincial statutes including the Traffic Safety Act and the All Terrain Vehicle Act and operate their ATV accordingly. Copies of the ATV and Traffic Safety Act's are available on line at the following website ( [www.canlii.org](http://www.canlii.org) ) The Southey RCMP is committed to educating the public about ATV safety and an increased enforcement of the Traffic Safety Act and All Terrain Vehicle Act. Those found operating ATV's unlawfully will be fined and their ATV's may be seized. Our mandate is to prevent dangerous and unlawful operation of ATV's in the communities in which we work and live in order to "to ensure safe homes and safe communities."

Sgt. Dean Gherasim  
NCO i/c Southey RCMP



## You Might Be Canadian If...

You've driven a Zambonie.

You know all the words to "If I had a million dollars" by The Barenaked Ladies, including the inter-stanza banter between Steven and Ed.

You are excited whenever an American television show mentions Canada.

You love poutine.

You have twins named Wayne and Gretzky (alternately Gordie and Howe).

You substitute beer for water when cooking.

You pity people who haven't tasted a "beavertail".

You have Canadian Tire money in your kitchen drawers.

You cried when you heard that "Mr Dress Up" recently passed.

You know that the last letter of the English alphabet is always pronounced "Zed".

You know how to pronounce and spell "Saskatchewan".

You have worn shorts and a parka at the same time.

You perk up when you hear the theme song from "Hockey Night in Canada."

You owe more money on your snowmobile than on your car.



### Did you know...

Canada has the longest coastline of any country in the world at 243,977 kilometers – 151,600 miles.

Canada has six time zones.

The longest highway in the world is the Trans-Canada Highway which is over 7,604 kilometers (4,725 miles) in length.

Despite being a huge country, Canada has the fourth lowest population density in the world, with only three people living per square kilometer!

Cheddar is the most popular cheese in Canada. On average Canadians consume 23.4 pounds per person annually.



## Canada Day Community Yards

By Heather Stabler

The Town of Cupar council was pleased to see many yards decorated for Canada's 150<sup>th</sup> Birthday Celebration!

### **Honourable mention to the following homes;**

102 Stuart St., 103 Stuart St.

104 Mills St., 108 Mills St., 210 Mills St., 214 Mills St.

1306 Assisiboia Ave.

211 Minto St., 207 Minto St., 205 Minto St.

1106 Railway Ave.

110 Aberdeen St. Unit #4 & #6, 206 Aberdeen St.

301 Stanley St., 218 Stanley St., 209 Stanley St.

301 Lansdowne St., 205 Lansdowne St., 315 Lansdowne St.

302 Grey St., 219 Grey St., 215 Grey St.

302 Donald Rd., 312 Donald Rd.

803 Qu'Appelle Ave.

### **Buisnesses:**

Cupar Agencies and Cupar Town Office

\*\*We would also like to thank the group of ladies who made up the beautiful bows that are placed on Main Street and the Shore Park area's.



**CANADA**



## The MAIN (Moving Ahead In Neighbourhoods) Street Mobile Family Resources is coming to your community!



The MAIN Street Mobile is geared for preschool children and their families. It features many different, fun and interactive stations which families can have fun doing together! The MAIN Street Mobile also includes a healthy snack and resources for parents.

**Where: Cupar Library**

**When: Wednesday, July 19th  
@ 2pm-4pm**

For more information please contact:

Regional KidsFirst at 306-697-4020 or  
[rq.cd@regionalkidsfirst.ca](mailto:rq.cd@regionalkidsfirst.ca)

No Cost to  
attend!!



**REGIONAL  
KidsFirst**



Free  
healthy  
snack!