



Town of Cupar

Cupar Library

Welcome to 2016! We are open on Wednesday, January 6th after a little Holiday break. Our hours remain to be open on Wednesday and Friday from 10:30-5 and we are hoping for a Wi-Fi installation very soon!

Thank you to all our raffle supporters for the Ice Cream Maker – your support helps us put on programs for all ages in the community! The winner of the Ice Cream Maker was Riley Larochele. Congrats!!

Seventeen children, five board members and three parents came for our December 11th cookie baking and chocolate making evening. All went home happy and with a gift bag full of cookies and chocolate items..... and full of sugar!! We may look at having another evening of this event in the New Year.

Our Valentine Tea and Bake Sale is on Saturday, February 13th from 1-3 pm. Library supporters are asked to kindly consider baking an item for this event. It will be held at the Legion Hall/Library and items can be dropped off at a board members house or at the Library that day. Proceeds from the bake sale will go towards the \$400 annual computer fee we pay towards being an automated library system.

More author visits will be looked into for the Spring.

You are welcome to attend our Annual Meeting on Thursday, January 21st at 7 pm. Board members will be treated to a dinner catered by the Paidei's at 6 pm. All patrons interested in attending our meetings or have ideas for programs are welcome.

Be sure to register at the library if you have a baby in order to receive a free baby book gift!!

Meetings:

Cupar Council Meeting

January 19th @ 7 pm

Cupar Fire Department

January 20th @ 7:30 pm

Cupar Town Office Holiday

Hours:

Closed Friday, January 1st

Closed Monday, January 4th

Re-opening our usual hours

January 5th

Monday to Thursday

8:30 am – 4:30 pm

Closed Fridays



Twinkle Tour Winners

We would like to congratulate our Twinkle Tour Winners!

1st Prize – a \$50 gift certificate went to Marci and Jeremy McKay.

2nd Prize – a \$25 gift certificate went to Sharon and Merv Casteel.

Congrats again to these 2 families and we are already looking forward to next year!

- Judging was done by an impartial 3rd party. Winners of the past 2 years are ineligible (to give others a chance to win) and staff/Council are ineligible to win as well.

One thing with gazing too frequently into the past is that we may turn around to find the future has run out on us.....

Cupar Trade Show

= Success

Thank you everyone for all of your support!

We had 375 people come plus kids. IT was so amazing and we appreciate it! The Vendors appreciated all of the support as well! Made for an excellent show!

Thank you All!!!

We are also happy to say we will be donating \$500 to the Fire Department in town and also \$500 to the nursing home activity!

The gift baskets were won by Jody Robinson and Jackie Ermel.

The Booze basket was won by Christina Michell (Regina).

Thank you all – It was a great Day!!

~Ashley Harris and Heather Stabler~

St. Paul Lutheran Church

Worship Service times are at 9am on the 1st, 3rd and 5th Sunday of the month and at 11 am (with Holy Communion) on the 2nd and 4th Sunday of the month.

Many thanks to all who came to watch the Fuller Family and their brass instrument concert on December 18th. Sixty people were in attendance. We thank those who brought the goodies and helped set-up. It was well received and we hope to host them again!

Thirteen ladies came out to our Bake Exchange on December 14th and our families couldn't wait for us to come home with a variety of loaded trays! Thanks to all for their support!

Ladies' Bible Study (LWMLC) is on Monday January 11th at 7:30 pm. We start with a mini Bible study and then have a business meeting. All ladies are welcome to join.

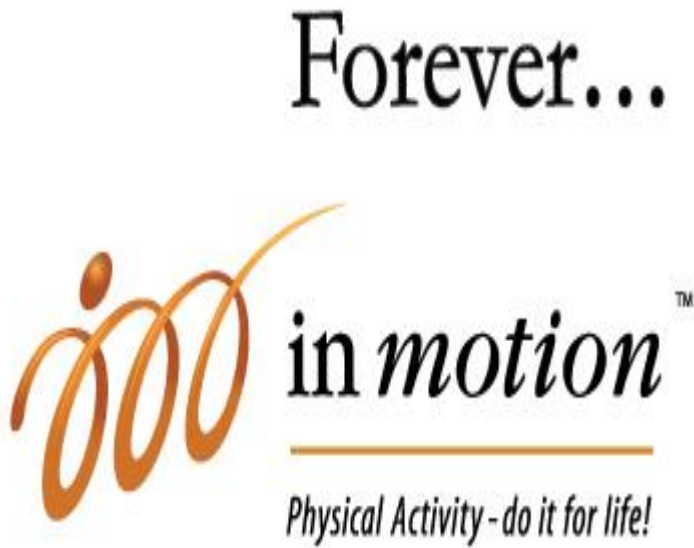
Quilting (or blanket making) for Regina's needy starts on Monday January 18th at 7 pm. Sew-ers, cutters, iron-ers and those who want to come and visit are welcome! We meet Monday evenings until the end of March.

Pastors' Thursday evening Bible study on the book of Matthew continues on the 7th and 21st at 7:30-9 pm. Community members are welcome to join any of our programs.

We welcome back the Playschool children who meet in our basement on Wednesdays.

Looking ahead, the FaithLife group will be putting on their famous brunch on February 14th after the 11 am service. All donated proceeds go towards the church projects.

For any inquiries, please contact the office at 306-723-7899.



Baby Clinic

Baby Clinic in
Cupar!

Now that we have
baby clinic back in
Cupar let's use it!

Book your
appointments
@306.766.7500
Option #1

Forever In Motion

Come on out and participate in the Physical Activity for Older Adults (50+)

Located at the Cupar Town Hall

Monday and Friday – 9 to 10 am

Wednesday – 7-8 pm

Cost is **FREE**

WE ARE CLOSED FOR HOLIDAYS – RE-OPENING FRIDAY JAN 8th

Benefits of Physical Activity:

- *Stronger Muscles and Bones * Relaxation & Reduced Stress
- * Reduced health Care costs * Improved cognitive ability
- * Improved Posture and Balance * Live independently longer
- * Weight control * Improved quality of life
- * Better overall health * Reduced risk of injury

Part of the Regina, Qu'Appelle Health Region and the Saskatchewan Parks and Recreation Association.

Medical #'s

To book an appointment with the Nurse Practitioner in Cupar call
1-855-766-6399

To book lab work appointments call 306-723-4300

Town of Cupar

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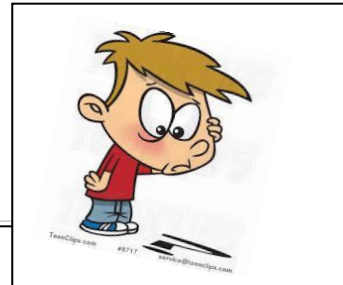


Cupar Pool "Brick" Fundraiser

The Cupar Pool is about to get a major renovation as it is well over due. With the matching grant we received, we will be replacing the boiler, the heater, new water lines, new liner in the pool (as we are losing about 5000 gallons of water every week due to cracking), cleaning equipment and whatever else we can get done to ensure the pool does not decay to the point of no return.

As this is quite an expensive venture, and the grant does not cover all the Reno's that need to be done, we are reaching out to the community to help out by raising enough money to replace the patio stones around the pool on the deck. We are selling "Bricks" at a cost of \$100/brick and everyone who buys one will have their name on a plaque displayed at the pool proudly showing their support. We have a good amount available but we are sure they will sell fast! Come on out and donate to the upgrade of the pool so our generation and the next generations can enjoy the only pool on Highway 22.

Receipt available at the Town Office and your name will be displayed on the wall at the pool recognizing your generosity!



New Years' Fun facts!!!!!!

- It is often thought that the first visitors you see after ringing in the New Year would bring you good or bad luck, depending on who you keep as friends and enemies. That's why most people celebrating on New Year's Eve often do so with friends and family.
- If the first person to visit you was a tall and dark-haired man, this was especially lucky.
- Items or food that is ring-shaped is also good luck. This symbolizes "coming full circle", which is what one year does. Some cultures eat ring-like food through the evening and through the night to ensure that good luck will be bestowed upon everyone who eats. The Dutch often eat doughnuts.
- Black-eyed peas (usually with ham) are often consumed in certain parts of the United States. These are thought to bring good fortune in cultures around the world, not just in the U.S.
- Other foods that are eaten on New Year's Eve are cabbage because the leaves represent prosperity. Ham (or a hog) also symbolizes prosperity. In Asian cultures, rice is a hearty and lucky staple that is eaten around midnight to signify the coming year of fortune.
- Auld Lang Syne is sung at midnight to toast in the New Year. The song was composed by Robert Burns sometimes in the 1700's. The term means "old long ago" or "the good old days."
- Stats of the first New York ball: 700 pounds; 5 feet in diameter. The ball was made from wood and iron.
- The modern ball that is dropped is made from Waterford Crystal and weights over 1,000 pounds. There are over 9,000 LED lights, but uses hardly any energy. The ball begins to drop at 11:59 and completes the journey exactly at midnight to ring in the New Year.

